

Wallet Emergency Card

This card is designed to be carried in your wallet or purse.

How to fill in the information on your computer:

1. Enter your name in the *My Name / Mi Nombre* field.
2. In the *Blood Type / Tipo de Sangre* enter your blood type (A-, A+, B-, B+, AB-, AB+, O-, O+). If you are not sure of your blood type, have your doctor determine it for you. It is important that you have your *correct* blood type on this card in case you need a transfusion. Being given the wrong blood type can be fatal. For more information on blood types see: <http://www.redcrossblood.org/learn-about-blood/blood-types>.
3. In the 1, 2, and 3 fields enter the names and phone numbers of people you want emergency responders to contact. Enter the names in the order in which you want the people contacted. The first person should be someone local who can respond quickly. Make sure you indicate in which country the phone to be called is located. For example: *Jane Doe US: 1-123-456-7890* or *Jose Garcia MX: 1-123-456-7890*.
4. Print the card (in color, if possible) on your home printer and cut it out around the border so it will fit in your wallet.

Getting the card laminated will make it more durable.

Emergency / Emergencia	
My Name / Mi Nombre:	<input type="text"/>
Call / Llame:	Blood Type / Tipo de Sangre: <input type="text"/>
1.	<input type="text"/>
2.	<input type="text"/>
3.	<input type="text"/>

Automobile Emergency Form

This form is designed to be carried in your automobile's glove compartment.

How to fill in the information on your computer:

1. Enter your name in the My Name / Mi Nombre field.
2. In the 1, 2, and 3 fields enter the names and phone numbers of people you want emergency responders to contact. Enter the names in the order in which you want the people contacted. The first person should be someone local who can respond quickly. Make sure you indicate in which country the phone to be called is located. For example: *Jane Doe US: 1-123-456-7890* or *Jose Garcia MX: 1-123-456-7890*.
3. For the Insurance and hospital entries, make sure you enter the name, policy number, and emergency phone numbers of your insurance company.

Emergency / Emergencia

My Name / Mi Nombre:

Call / Llame:

1.

2.

3.

Automobile Insurance / Seguros de Automóvil

Health Insurance / Seguros de Salud

Preferred Hospital / Preferencia Hospital